

CAKES & COOKIES FROM OUR SHOP

SPICED APPLE PIE	4.25
TREACLE TART	3.30
TRADITIONAL BREAD PUDDING	3.25
GOOEY TRIPLE CHOCOLATE BROWNIE (GFA)	3.25
VEGAN CHOC COCONUT BROWNIE	3.25
GINGER & TREACLE CAKE	3.00
THE OWL CHOCOLATE CAKE	3.25
ICED CARROT & WALNUT CAKE (N) (GF) (DF) (S)	3.65
PISTACHIO & CHERRY CAKE (N) (GFA)	3.65
LEMON & ORANGE POLENTA CAKE (N) (GF)	3.65
COFFEE & WALNUT CAKE (N)	3.65
CHERRY & ALMOND BAKEWELL TART (N)	3.65
PEAR & MARZIPAN FRUIT CAKE (N)	4.15
PECAN PIE (N)	4.15
VEGAN BANANA CAKE with lemon icing	3.65
SPICED BEETROOT & TREACLE CAKE (GF) (DF)	3.65
DATE & OAT SLICE (V)	3.25
FLAPJACK	3.10
ALMOND MACARON (N) (DF) (GF)	3.15
GIANT CHOCOLATE CHIP COOKIE	2.95
PEANUT CHOCOLATE CHIP COOKIE (GF) (DF) (N)	3.25
NORFOLK SHORTCAKE	2.85
TEACAKE	1.80
FRUIT SCONE	1.80
CHEESE SCONE	1.80

ICE CREAM

Soft-serve vanilla ice cream cup	3.25
Add sauce/whipped cream/marshmallows75
Add Cadbury's flake50

THICK SHAKES

Made with real soft-serve ice cream & natural ingredients (GF)

Chocolate, salted caramel, banana, strawberry, vanilla, coffee, mocha	4.50
Oreo or Biscoff loaded shake	4.75

HOT DRINKS & MILKSHAKES

BREAKFAST TEA <i>small / large</i>	1.95 / 2.20
SPECIALITY/HERBAL TEA <i>small / large</i>	2.20 / 2.50
HOMEMADE SPICED CHAI LATTE <i>small / large</i> ...	3.25 / 3.60
CINNAMON-SPICED LATTE (<i>hot / iced</i>)	4.75
<i>with whipped cream & caramel syrup</i>	
VANILLA-SPICED LATTE (<i>hot / iced</i>)	4.75
<i>with whipped cream & cinnamon sprinkles</i>	
AMERICANO COFFEE <i>small / large</i>	2.75 / 2.90
ESPRESSO <i>single / double</i>	2.30 / 2.75
MACCHIATO <i>single / double</i>	2.40 / 2.90
LATTE <i>small / large</i>	3.25 / 3.60
CAPPUCCINO <i>small / large</i>	3.25 / 3.60
FLAT WHITE <i>small / large</i>	3.25 / 3.60
CORTADO	3.10
<i>Double espresso with a dash of hot milk</i>	
ICED CAFFE 'FREDDO' <i>small / large</i>	3.30 / 3.65
<i>Double espresso & ice, topped with chilled, frothed milk. Served without sugar unless requested</i>	
CANARY COFFEE	3.10
<i>Single espresso with condensed milk & steamed milk</i>	
HOT CHOCOLATE <i>small / large</i>	3.50 / 4.00
<i>Rich, French, homemade (GF)</i>	
SWISS MISS <i>small / large</i>	3.80 / 4.30
<i>Decadent hot chocolate made with almond milk, roasted almonds, vegan marshmallows & Norfolk honey (DF) (N) (GF)</i>	
MOCHA <i>small / large</i>	4.50 / 5.40
EXTRAS:	
<i>Extra whipped cream & marshmallows (+0.75)</i>	
<i>Extra shot coffee (+1.20)</i>	
<i>Shot of syrup / coffee (+.95)</i>	
<i>Dairy-free supplement (soy, oat, almond, coconut) (+.50)</i>	
<i>Coffee cream (+.40)</i>	



AS THE OLDEST BAKERY IN HOLT
& THE OLDEST TEAROOM IN NORFOLK,
WE PRIDE OURSELVES ON OUR BAKING

*Every dish on the menu, every bread & every cake
is handmade on the premises using the finest ingredients.
We believe you will be able to taste the difference*

TAKE AWAY MENU

Tuesday to Saturday, 8.30am - 4.30pm
Closed Sundays & Mondays

TO ORDER:

Phone: 01263 713232

Order online: owltearooms.co.uk

Collect from our shop: OWL TEA ROOMS
Janaway House, White Lion St, Holt, NR25 6BA



BREAKFAST FROM 8.30 – 11.00

GRANOLA	4.95
<i>Homemade superfood granola with Greek yoghurt & summer fruit compote (V +.40) (N)</i>	
PORRIDGE	4.95
<i>Add Norfolk honey or summer fruit compote (+.95) (GFA / vegan +.60)</i>	
MUSHROOM MEDLEY	9.00
<i>Sautéed mushrooms on focaccia toast with garlic butter, fresh herbs & topped with a poached egg (GFA +.50)</i>	
SMASHED AVOCADO ON SWEET POTATO 'TOAST'	10.95
<i>With a choice of bacon, chorizo or feta cheese & two poached eggs (GF)</i>	
FULL ENGLISH BREAKFAST	12.45
<i>Sausage, bacon, black pudding, fried egg, roasted tomatoes, mushrooms & a choice of white / wholemeal / GF (+.50) toast & butter</i>	
FULL VEGGIE BREAKFAST	11.50
<i>Halloumi, baked beans, mushrooms, roasted tomatoes, 2 eggs any way & a choice of white / wholemeal / GF (+.50) toast & butter</i>	
SCRAMBLED EGGS ON TOAST	6.25
<i>Choose from white / wholemeal / GF (+.50) toast & butter</i>	
EXTRAS:	
<i>Sausage / bacon / chorizo / black pudding / halloumi / feta / mushrooms (+2.50)</i>	
<i>Organic egg / thyme & garlic roasted tomatoes, beans (+2.20)</i>	

ALL DAY

AMERICAN-STYLE SOURDOUGH PANCAKES	
<i>Real maple syrup</i>	5.45
<i>Treacle-cured bacon & real maple syrup</i>	7.95
<i>Fresh blueberries, banana & real maple syrup</i>	7.95
<i>Nutella (N)</i>	7.75
<i>Nutella, whipped cream & crushed hazelnuts (N)</i>	7.95
<i>Biscoff crumble, Biscoff sauce & whipped cream</i>	7.95
<i>Oreo crumble, chocolate sauce & whipped cream</i>	7.95
BAKED BEANS ON TOAST	6.25
<i>Homemade beans on 2 slices of buttered pumpkin bread toast (DFA) (GFA)</i>	
VEGAN BRUNCH	10.95
<i>Sweet potato 'toast', smashed avocado, balsamic-roasted beetroot & tomatoes with thyme, garlic & fresh coriander (GF)</i>	

ALL DAY CONTINUED...

CREAMY HUMMUS	5.95
<i>Topped with roasted cumin, sesame & extra virgin olive oil & served with homemade toasted focaccia (V)</i>	
BACON SANDWICH	6.50
<i>On white / wholemeal / GF (+.50) bread</i>	
SAUSAGE SANDWICH	6.50
<i>On white / wholemeal / GF (+.50) bread</i>	
FRIED EGG SANDWICH	5.95
<i>Two eggs on white / wholemeal / GF (+.50) bread</i>	
TOASTED TEACAKE & butter	3.50
WHITE / WHOLEMEAL / GF (+.50) TOAST & butter	1.75
TOASTED CHEESE SCONE & butter	2.60
FRUIT OR CHEESE SCONE & butter	2.40
FRUIT SCONE with clotted cream & raspberry jam	4.15
EXTRAS:	
<i>Butter portion (+.60), clotted cream (+1.40)</i>	
<i>Jam / marmalade / Marmite / Norfolk honey (+.95)</i>	
<i>All heated bakery items below incur a 20% price increase due to VAT</i>	
	COLD / HOT
SAUSAGE ROLL	2.95 / 3.50
GIANT GOURMET SAUSAGE ROLL	4.00 / 4.80
VEGAN LENTIL & SPINACH ROLL	3.75 / 4.50
BBQ PULLED PORK PASTY	4.25 / 4.95
CHORIZO SAUSAGE ROLL	4.00 / 4.80
QUICHE SLICE	4.00 / 4.80
HOMEMADE SOUP (GF) (V)	5.50
<i>Add white/wholemeal bread & butter (+.1.00), GF roll & butter (+1.25) or a toasted cheese scone & butter (+1.30)</i>	
OVEN-BAKED POTATO WITH BUTTER	4.35
<i>Add fillings (all GF):</i>	
<i>Prawn cocktail / tuna mayo / beef steak chilli (+2.50), bean chilli (V), baked beans / coleslaw / hummus & roast veg / cheese (+2.20)</i>	
INDIVIDUAL FRITTATA OMELETTE (GF)	COLD / HOT
<i>Cheddar cheese, parmesan & chive</i>	
<i>Smokey bacon, cheddar & parmesan</i>	
	3.30 / 4.00
	3.50 / 4.20

LUNCH FROM 12.00 NOON

FRESHLY CUT SANDWICHES	
<i>Made to order on white / wholemeal / GF (+.50)</i>	
<i>Cheddar cheese & homemade apple & date chutney</i>	4.95
<i>Cheddar cheese & ham</i>	5.35
<i>Ham & mustard</i>	4.95
<i>Prawn cocktail</i>	5.35
<i>Tuna mayo</i>	5.15
<i>Egg mayo</i>	4.95
CROQUE MONSIEUR	7.95
<i>French cheese & ham toastie with grilled cheese topping</i>	
CROQUEMADAME	10.15
<i>As above but with a fried egg on top</i>	
TOASTED SALT BEEF REUBENS SANDWICH	11.85
<i>On homemade rye bread with horseradish sauce & a pickle (GFA +.50)</i>	
BEEFSTEAK / VEGGIE CHILLI BOWL	13.25 / 10.95
<i>Medium-spiced chilli in a rich tomato sauce flavoured with cumin, oregano & paprika on basmati rice, topped with yoghurt & grated cheddar (GF) or smashed avocado (V)</i>	
SALAD BOXES	
<i>Small</i>	5.00
<i>Medium</i>	7.00
<i>Large</i>	9.00
ROAST POTATO WEDGES	3.50
KIDS' PASTA	7.75
<i>With homemade tomato sauce & grated cheddar cheese</i>	
WHOLE QUICHES & CAKES TO ORDER	Please ask

BOOK AN AFTERNOON CREAM TEA TODAY! 15.00

*Selection of delicious sandwiches, scones & cakes served with a speciality tea sachet of your choice. (DF/GF/V available +2.00)
Twenty-four hour advance booking requested.*