

TEA, COFFEE

Our coffee comes from Norwich's acclaimed Little Red Roaster. All coffees are double shot unless otherwise specified. Decaffeinated coffee and dairy free alternatives available for all options. We only use the finest loose leaf tea.

POT OF HOUSE TEA ..... 2.95 per person  
An aromatic blend of Assam, China & Kenya teas

POT OF SPECIALITY TEAS ..... 3.35 per person  
Assam – strong & malty  
Darjeeling – light & complex  
Lapsang souchong – smoky & golden  
Earl Grey – light, floral & smoky  
Decaffeinated Earl Grey – everything you want but without the caffeine  
Decaffeinated breakfast tea – flavourful & healthy  
Green tea – exclusive & delicate Dragonwell variety  
Rooibos – naturally caffeine-free  
Hibiscus flower – fruity & caffeine free  
Chai – homemade spice mix with cinnamon, cardamom & fennel  
Mint tea – Moroccan mint & a pinch of green tea  
Newberry – elderberry, hibiscus & blackcurrant  
Camomile – relaxing & floral

SINGLE / DOUBLE ESPRESSO / MACCHIATO ... 2.50 / 3.00

AMERICANO ..... 2.90

CAPPUCCINO ..... 3.25

ICED CAFFE 'FREDDO' ..... 3.25  
Double espresso & ice, topped with chilled, frothed milk. Served without sugar unless requested.

FLAT WHITE ..... 3.25

LATTE ..... 3.40

HOMEMADE CHAI / MATCHA LATTE (hot / iced)..... 3.40

CINNAMON-SPICED LATTE (hot / iced) ..... 4.75  
with whipped cream & caramel sauce

VANILLA-SPICED LATTE (hot / iced) ..... 4.75  
with whipped cream & cinnamon sprinkles

PISTACHIO LATTE (hot / iced) ..... 4.75  
with whipped cream & crushed pistachios

CORTADO ..... 3.10

CANARY COFFEE ..... 2.80  
Single espresso with condensed milk & steamed milk

HOT CHOCOLATE

Our hot chocolates are homemade from French cocoa & delicately flavoured to house recipes (GF)

HOT CHOCOLATE ..... 3.95  
Rich, French, homemade. Add whipped cream & marshmallows (+1.00), a shot of spiced rum or Baileys (+3.50)

MOCHA ..... 4.95  
Our hot chocolate with a double shot of espresso

'SWISS MISS' ..... 4.10  
Decadent hot chocolate made with almond milk, roasted almonds, marshmallows & honey (DF) (N) Add whipped cream (+.75)

SOFT DRINKS

FRESH ORANGE JUICE ..... 3.50

CAWSTON PRESS SPARKLING ..... 3.25  
Rhubarb / Apple.

BELVOIR ORGANIC ..... 3.25  
Elderflower pressé / Ginger beer

SAN PELLEGRINO ..... 3.25  
Sparkling lemon / orange / blood orange

MINERAL WATER ..... 2.50  
Still / sparkling

COKE / DIET COKE ..... 3.00

MILKSHAKES

For our amazing ice cream milkshakes, see reverse!

WINE, BEER & CIDER

HOUSE WINE ..... 175ml: 7.00 / Bottle: 23.00

Red - syrah - rich & velvety with a bouquet of dark fruits  
White - sauvignon blanc - light, tropical notes with fresh minerality  
Rosé - cabernet sauvignon blend - dry, fruity & aromatic

PROSECCO MINI (200ml) ..... 8.50

MORETTI LAGER (4.6%, 330ml) ..... 4.50  
Malty, lightly hopped, clean aftertaste

ADNAMS GHOST SHIP PALE ALE (4.5%, 500ml) ..... 5.50  
Citrusy bronze medal-winner

ADNAMS WILD WAVE CIDER (5%, 330ml) ..... 4.50

ADNAMS GHOST SHIP (0.5%, 500ml) ..... 4.95  
Low-alcohol, citrus pale ale

EXTRAS & ALTERNATIVES:

Extra shot coffee ..... 1.50  
Coffee cream ..... .50  
Coffee syrup ..... .95  
Dairy free supplement - soy / oat / almond / coconut ..... .50  
Marshmallows & whipped cream..... 1.20  
Shot of dark rum / Baileys. .... 3.50



AS THE OLDEST BAKERY IN HOLT  
& THE OLDEST TEAROOM IN NORFOLK,  
WE PRIDE OURSELVES ON OUR BAKING  
Every dish on the menu, every bread & every cake  
is handmade on the premises using the finest ingredients.  
We believe you will be able to taste the difference

## BREAKFAST

8.30AM - 11.30AM

HOUSE GRANOLA .....	5.95
<i>Homemade superfood granola with Greek yoghurt &amp; summer fruit compote (V +.50) (N)</i>	
PORRIDGE .....	4.95
<i>Just East Anglian oats &amp; milk (GFA/VA +.50)</i> <i>Add Norfolk honey or summer fruit compote +1.20</i>	
BANANA BREAKFAST BAR .....	4.50
<i>Old-fashioned GF oats, banana, peanuts, walnuts, sunflower &amp; pumpkin seeds, orange &amp; cinnamon (V)(GF)</i>	
SAUTÉED MUSHROOM MEDLEY .....	9.00
<i>Sautéed mushrooms on focaccia toast with garlic butter, fresh herbs &amp; topped with a poached organic egg (GFA +.70)</i>	
SCRAMBLED EGGS ON TOAST .....	6.25
<i>Local organic eggs, scrambled to perfection</i> <i>Choose from wholemeal / white / GF toast (GF +.70)</i>	

SMASHED AVOCADO .....	10.95
<i>Served with a choice of feta &amp; toasted seeds, treacle-cured bacon or chorizo on sweet potato 'toast' with two poached organic eggs (GF)</i>	
ENGLISH BREAKFAST .....	12.45
<i>Lincolnshire sausage, treacle-cured bacon, Stornaway black pudding, fried egg, homemade baked beans, mushrooms, slow-roasted tomatoes with buttered white / wholemeal / GF toast (GF +.70)</i>	
VEGGIE ENGLISH BREAKFAST .....	12.00
<i>Herby garlic mushrooms, baked beans, halloumi, slow-roasted tomatoes, two organic eggs any way, with buttered white / wholemeal / GF toast (GF +.70)</i>	
EXTRAS	
<i>Lincolnshire sausage / treacle-cured bacon / black pudding / crispy chorizo / halloumi / avocado / mushrooms / feta ..... all 2.50</i> <i>Organic egg / slow-roasted thyme &amp; garlic tomatoes / beans ..... all 2.20</i> <i>Toast &amp; butter - wholemeal / white / GF (GF +.70) ..... 1.75</i> <i>House raspberry jam / marmalade / honey / Marmite ..... 1.20</i>	

## LUNCH

FROM 12 NOON

GOURMET HOMEMADE CHEESEBURGER	
<i>Juicy, local beef quarter-pounder in our own brioche bun with swiss cheese, lettuce, tomato, onion &amp; house relish, potato wedges &amp; coleslaw (GFA).</i> <i>SINGLE ..... 13.75 DOUBLE ..... 15.75 Add bacon (+2.50)</i> <i>Add extra beefsteak chilli (+3.00)</i>	
VEGAN / VEGETARIAN SMOKEY CHILLI BEAN BOWL .....	10.95
<i>Medium-spiced, mixed chilli beans in a rich tomato sauce flavoured with cumin, oregano &amp; paprika on basmati rice, topped with smashed avocado (V) or yoghurt &amp; grated cheddar (GF)</i>	
HEARTY BEEFSTEAK CHILLI BOWL .....	13.25
<i>Medium-spiced, slow-cooked chunks of local beef &amp; beans braised with tomato, cumin, cinnamon &amp; bay on basmati rice, topped with yoghurt &amp; grated cheddar (GF)(DFA)</i>	
TOASTED SALT BEEF REUBEN SANDWICH .....	11.85
<i>Brined to our secret recipe &amp; served on homemade rye with swiss cheese, dill pickle &amp; special garlic horseradish sauce (GFA +.70)</i>	

A note on SERVINGTIMES... We will do our best to accommodate outside of the specified times for breakfast & lunch when quiet, so please ask.

DELICIOUS SUPERFOOD SALAD .....	13.25
<i>Choice of 3 varieties from our daily changing selection in the shop, plus mixed leaves</i>	
HAND-CUT SANDWICHES .....	8.95
<i>On our own white / wholemeal bread (GFA +.70)</i> <i>Served with house salad &amp; Burts crisps - Choose from:</i> <i>Mature cheddar with homemade apple &amp; date chutney (+.50)</i> <i>Ham &amp; Colman's mustard</i> <i>Tuna mayonnaise</i> <i>Egg mayonnaise</i> <i>Prawn cocktail (+1.00)</i>	
KIDS' HALF SANDWICH .....	4.50
<i>Ham, cheese, egg or tuna. Served with Burts crisps (GFA)(DFA)</i>	
KIDS' PASTA .....	7.75
<i>With homemade tomato sauce &amp; grated cheddar cheese</i>	
KIDS' HUMMUS & CARROT STICKS (GF)(DF)(V).....	5.00

## ALL DAY

### AMERICAN-STYLE SOURDOUGH PANCAKES

Real maple syrup .....	5.45
Treacle-cured bacon & real maple syrup .....	7.95
Fresh blueberries, banana & real maple syrup .....	7.95
Nutella (N) .....	7.75
Nutella, whipped cream & crushed hazelnuts (N) .....	7.95
Biscoff crumble, Biscoff sauce & whipped cream.....	7.95
Oreo crumble, chocolate sauce & whipped cream.....	7.95
Add ice cream .....	1.65

TOASTED TEACAKE (DFA) .....	3.50
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FRUIT OR CHEESE SCONE WITH BUTTER (GF +.30) ....	2.95
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CLASSIC OWL CREAM TEA .....	7.95
<i>Fruit scone with house raspberry jam &amp; a huge dollop of Dorset clotted cream. Served with any regular hot drink (GFA +.30)</i>	

SAVOURY OWL CREAM TEA .....	7.95
<i>Cheddar cheese scone with house apple, date &amp; ginger chutney &amp; cream cheese. Served with any regular hot drink (GFA +.30)</i>	

HOMEMADE SOUP .....	6.75
<i>Please see board (GF)(DF). With white / wholemeal / GF bread (GF +.70) or toasted cheese scone (+.50) &amp; butter</i>	

BEANS ON TOAST .....	6.50
<i>Homemade baked beans on 2 slices of buttered pumpkin bread toast. (GFA / DFA /VA) Even better with crumbled feta or crispy chorizo! (+2.50)</i>	

### SAVOURY PASTRIES (DF)

Spinach & lentil roll with cumin, turmeric & tomato (V) .....	4.60
Sausage roll .....	3.75
Gourmet giant sausage roll .....	4.95
Chorizo sausage roll .....	4.95
BBQ pulled pork pasty .....	4.95
Salad / coleslaw .....	+3.50
Apple & date chutney .....	+1.00

VEGAN BRUNCH .....	10.95
<i>Sweet potato 'toast', smashed avocado, balsamic-roasted beetroot &amp; tomatoes with thyme, garlic &amp; fresh coriander (GF)</i>	

BACON OR SAUSAGE SANDWICH .....	6.50
<i>Local treacle-cured bacon or Lincolnshire sausage on white / wholemeal / GF bread (GF +.70)</i>	

FRIED EGG SANDWICH .....	5.95
<i>Two fried organic eggs on white / wholemeal / GF bread (GF +.70)</i>	

CROQUE MONSIEUR/MADAME .....	7.95/10.15
<i>MONSIEUR - French cheese &amp; ham toastie with grilled cheese topping</i> <i>MADAME - As above but with a fried organic egg on top</i> <i>Add house salad &amp; crisps +3.50</i>	

INDIVIDUAL FRITTATA OMELETTE with any fresh salad	
Cheddar cheese, parmesan & chive (GF) .....	7.50
Smokey bacon, cheddar & parmesan (GF) .....	7.95

RANGE OF HOMEMADE QUICHES .....	10.95
<i>Served with house salad &amp; coleslaw</i>	

CREAMY HUMMUS .....	5.95
<i>Topped with roasted cumin, sesame &amp; extra virgin olive oil &amp; served with homemade toasted focaccia (V)</i>	

OVEN BAKED POTATOES .....	8.75
<i>Served with a topping of your choice plus a house salad garnish (GF)</i> <i>Choose from: Grated mature cheddar cheese, Tuna mayonnaise, Homemade baked beans (V), Prawn cocktail (+1.00)</i> <i>Hummus &amp; roasted vegetables (V), Slow cooked beefsteak chilli</i> <i>Homemade smokey bean chilli (V), House coleslaw</i>	

EXTRAS	
House coleslaw (GF) .....	3.50
Potato wedges (GF) .....	3.50
Homemade creamy hummus (V)(GF) .....	2.50
Mixed side salad with homemade French dressing (GF)(DF)(V) .....	3.50
Salad bowl from our fresh salad bar .....	3.50
Bread & butter - wholemeal / white / GF (GF +.70) .....	1.75

## AFTERNOON TEA, CAKES, ICE CREAM & THICK SHAKES

### CAKES & COOKIES

All our cakes & cookies are handmade by us on the premises using the best available natural ingredients. All our products are available to order online or by phone in advance. Breads, whole cakes, whole quiches & selection boxes can be made to order.

SPICED APPLE PIE .....	4.95
TREACLE TART .....	4.00
TRADITIONAL BREAD PUDDING .....	3.95
GOOEY TRIPLE CHOCOLATE BROWNIE (GFA) .....	3.95
CHOCOLATE COCONUT BROWNIE (V) .....	3.95
ROCKY ROAD BROWNIE .....	3.60
SALTED CARAMEL CORNFLAKE BROWNIE .....	3.95
GINGER & TREACLE CAKE .....	3.80
THE OWL CHOCOLATE CAKE .....	3.95
ICED CARROT & WALNUT CAKE (N) (GF) (DF) .....	4.35
PISTACHIO & CHERRY CAKE (N) (GFA) .....	4.35
LEMON & ORANGE POLENTA CAKE (N) (GF) .....	4.35
COFFEE & WALNUT CAKE (N) .....	4.35
CHERRY & ALMOND BAKEWELL TART (N) .....	4.35
MILLIONAIRE'S SHORTBREAD .....	3.60
DARK CHOCOLATE & GINGER TIFFIN .....	3.60
APPLE CRUMBLE CAKE (V) .....	4.35
PEAR & MARZIPAN FRUIT CAKE (N) .....	4.75

### ICE CREAM

Soft-serve vanilla ice cream bowl .....	3.95
Add sauce/whipped cream/marshmallows .....	1.20
Add Cadbury's Flake .....	.50

CHOCOLATE BROWNIE ICE CREAM SUNDAE .....	7.95
<i>Vanilla ice cream layered with our homemade triple chocolate brownie pieces &amp; topped with whipped cream, real chocolate shavings &amp; chocolate sauce</i>	

SUMMER FRUIT ICE CREAM SUNDAE .....	7.95
<i>Vanilla ice cream layered with tangy summer fruit compote, meringue pieces &amp; whipped cream (GF)</i>	

BISCOFF ICE CREAM SUNDAE .....	7.95
<i>Vanilla ice cream layered with Biscoff crumbs &amp; caramel sauce &amp; topped with whipped cream, more Biscoff crumbs, Biscoff topping &amp; caramel sauce.</i>	

PECAN PIE (N) .....	4.75
BANANA CAKE WITH LEMON ICING (V) .....	3.35
SPICED BEETROOT & TREACLE CAKE (GF) (DF) .....	3.35
DATE & OAT SLICE / APRICOT & OAT SLICE (V) .....	3.95
FLAPJACK .....	3.80
ALMOND MACARON (N) (DF) (GF) .....	3.80
GIANT CHOCOLATE CHIP COOKIE .....	3.60
GIANT PEANUT CHOC CHIP COOKIE (GF) (DF) (N) .....	3.85
NORFOLK SHORTCAKE (DF) .....	3.55
VIENNESE SHORTBREAD .....	3.35
COCONUT & BLACKCURRANT SLICE .....	3.95
GIANT DOUGHNUT, JAM / NUTELLA (N) .....	3.60
ENERGY BALL (N) .....	3.50
TWO SLICES OF HOMEMADE BUTTERED MALT LOAF .....	3.50
EXTRAS.....	1.65
<i>Add cream / clotted cream / Greek yogurt / custard or ice cream</i>	
SPECIALS: Check with your server for any cake or cookie specials!	

### THICK SHAKES

<i>Made with real soft-serve ice cream &amp; natural ingredients (GF)</i>	
Chocolate, salted caramel, banana, strawberry, vanilla, .....	4.75
coffee, mocha	
Oreo or Biscoff loaded shake .....	4.95
Whipped cream & marshmallows .....	1.20

BOOK AN AFTERNOON CREAM TEA TODAY! .....	18.50
<i>Selection of delicious sandwiches, scones &amp; cakes served with a pot of speciality tea. Twenty-four hour advance booking requested. Also available to take-away! (DF/GF/V +2.00)</i>	

Why not add a mini bottle of prosecco? (+8.50)

For CLASSIC & SAVOURY CREAM TEAS - see ALL DAY section.